

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>HELMS LUKE S</u> (Last) (First) (Middle) 551 FIFTH AVENUE SUITE 300 (Street) NEW YORK NY 10176 (City) (State) (Zip)	2. Issuer Name and Ticker or Trading Symbol <u>ABM INDUSTRIES INC /DE/ [ABM]</u> 3. Date of Earliest Transaction (Month/Day/Year) 09/17/2009 4. If Amendment, Date of Original Filed (Month/Day/Year)	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) <input checked="" type="checkbox"/> Director 10% Owner Officer (give title below) Other (specify below) 6. Individual or Joint/Group Filing (Check Applicable Line) <input checked="" type="checkbox"/> Form filed by One Reporting Person Form filed by More than One Reporting Person
--	---	---

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	09/17/2009		M		10,000	A	\$11.875	68,920	D	
Common Stock	09/17/2009		S		3,483	D	\$20.9	65,437	D	
Common Stock	09/17/2009		S		716	D	\$20.91	64,721	D	
Common Stock	09/17/2009		S		490	D	\$20.92	64,231	D	
Common Stock	09/17/2009		S		1,900	D	\$20.94	62,331	D	
Common Stock	09/17/2009		S		900	D	\$20.93	61,431	D	
Common Stock	09/17/2009		S		1,610	D	\$20.95	59,821	D	
Common Stock	09/17/2009		S		1	D	\$20.97	59,820	D	
Common Stock	09/17/2009		S		200	D	\$20.99	59,620	D	
Common Stock	09/17/2009		S		449	D	\$20.96	59,171	D	
Common Stock	09/17/2009		S		51	D	\$21.015	59,120	D	
Common Stock	09/17/2009		S		100	D	\$21.01	59,020	D	
Common Stock	09/17/2009		S		100	D	\$20.98	58,920 ⁽¹⁾	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	V	(A)	(D)	Date Exercisable	Expiration Date						Title
Stock Options ⁽²⁾	\$11.875	09/17/2009		M			10,000	11/01/2000 ⁽³⁾	11/01/2009	Common Stock	10,000	\$0.00	0	D	

Explanation of Responses:

- 1. Includes 8,025 RSUs and DERs relating to the RSUs, adjusted to reflect the cumulative effect of fractional shares.
- 2. Non-employee director stock options.
- 3. 20% on 11/1/2000, and 20% on the anniversary date each of the following four years.

Remarks:

By: Barbara L. Smithers, by 09/18/2009
power of attorney.

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

