FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

OMB APPRO	DVAL						
OMB Number:	3235-0287						
Estimated average burden							
hours per response:	0.5						

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>HERRINGER MARYELLEN C</u>						2. Issuer Name and Ticker or Trading Symbol ABM INDUSTRIES INC /DE/ [ABM]										plicable)		Person(s) to Issuer 10% Owner	
(Last)	`	,	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 10/18/2005										Officer (give title below)		Other (sp below)		specify
1901 HARRISON STREET (Street) OAKLAND CA 94612					_ 4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									ndividual or Joint/Group Filing (Check Applicable e) X Form filed by One Reporting Person Form filed by More than One Reporting				
(City)	(S	tate)	(Zip)												Persor		e tnar	1 One Repo	rting
		Tab	le I - No	n-Deri	vative	e Se	curit	ies Ac	quired	Dis	posed c	of, or Be	neficia	lly O	Owned	I			
Date			2. Trans Date (Month/I		er) E	2A. Deemed Execution Date, if any (Month/Day/Year)		Code (Transaction Dispos Code (Instr.		ies Acquire Of (D) (Ins		and 5) Securiti Benefic Owned		es ally Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	v	Amount	(A) or (D)	Price	1	Reported Transaction(s) (Instr. 3 and 4)				
Common	Stock			10/18	3/2005				M		8,000	A	\$6.65	5575 34,000 D					
		T	able II -								osed of converti				vned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/D	n Date,		ransaction ode (Instr.		n of E		5. Date Exercisable and Expiration Date Month/Day/Year)			d f ; g : Security nd 4)	Deri Sec	Price of erivative ecurity nstr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	ly [10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisal		Expiration Date	Title	Amount or Number of Shares	1					
Stock Option ⁽¹⁾	\$6.6575	10/18/2005			М			8,000	11/01/19	96 1	11/01/2005	Common Stock	8,000		\$0	0		D	

Explanation of Responses:

1. Vested 20% on 11/1/1996, and 20% on the anniversary date each of the following four years

s/ Maryellen C. Herringer

10/19/2005

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.